



UNICORN SCHOOL WEEKLY NEWSLETTER
238 KEW ROAD, RICHMOND, TW9 3JX
Tel: 020 8948 3926
www.unicornschooll.org.uk

No 941

WEEK COMMENCING: MONDAY 15 SEPTEMBER

AUTUMN TERM 2025

'We are courageous, reflective and, above all, kind'

MONDAY 8.45am Whole School Assembly introducing School Council etc

WEDNESDAY 9.00am **INDIVIDUAL SCHOOL PHOTOS** – please send your child/ren to school in clean uniform with a comb/brush and a smile!

FRIDAY Unicorn's 55th Birthday
8.00am Red and Orange Class' Cake Sale on the forecourt

To book wraparound care, please click: [Richmond Rugby Club \(WAC\) Booking](#)

Breakfast club: Run by school and NO need to book in advance

To report a child absent, please click: absences@unicornschooll.org.uk



HAPPY BIRTHDAY TO:
Sophie (G) and Unicorn School (55)!



Congratulations to the following children who have been elected as this term's School Council, Head Boy and Girl, Sports Captains, Swimming Captain, Music Captains, Smiley People, Junior Librarians and Eco Warriors.

School Council

Poppy (Head Girl) and Benjamin (Head Boy)
Millie and Nicholas (UV)
Harriet and Tymofii (V)
Fordy (I) Solomia (B)
Willow (G) Polina (Y)

Eco Warriors

Rani and Leon (UV)
Scarlett and Nathan (V)
Frances and Rory (I)
Alice and Emilia (B)
Tess and Nicky (G)
William and Ted (Y)

UV Sports Captains

Bo and Charlie

Violet Class Junior Librarians

Alice, Harper, Lola, Esme and Jack C

Smiley People

Holly and Ollie (UV)
Ayda and Teo (V)
Rose and Siddharth (I)
Mabel and Matilda (B)
Daisy and Poyraz (G)
Jesper and Hugo (Y)

Music Captains

Elodie and Luka T

UV Swimming Captain

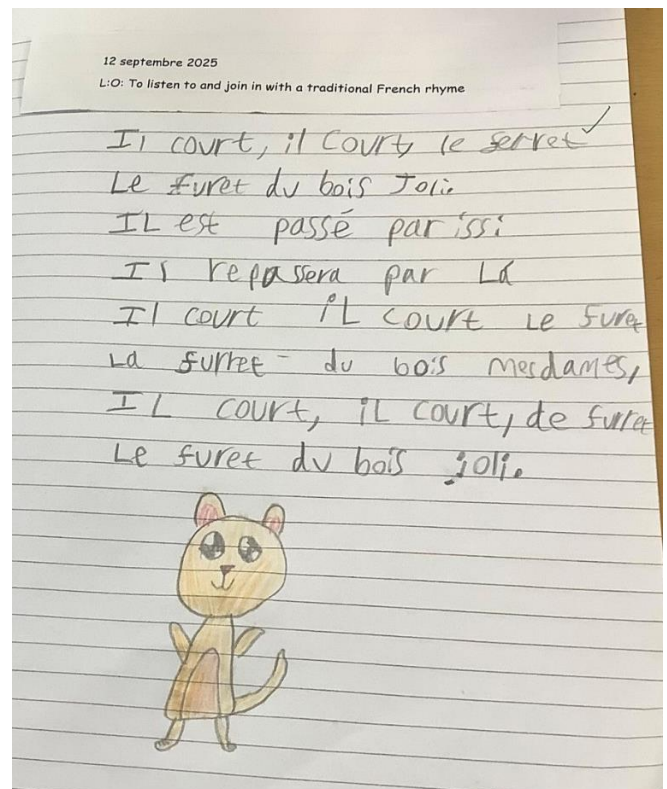
Teddy

The weather's been more like April this week ... lovely sunshine one minute then scattered showers the next! When it's been nice the children have had lots of fun in the playground.



In French lessons this week, Indigo

Class learnt a traditional French musical circle game dating back to Louis XIV. Children hold a length of string with a ring threaded through it. As the ring is discreetly passed along, the other children have to guess whose hands are holding the *furet* by the end of the song.

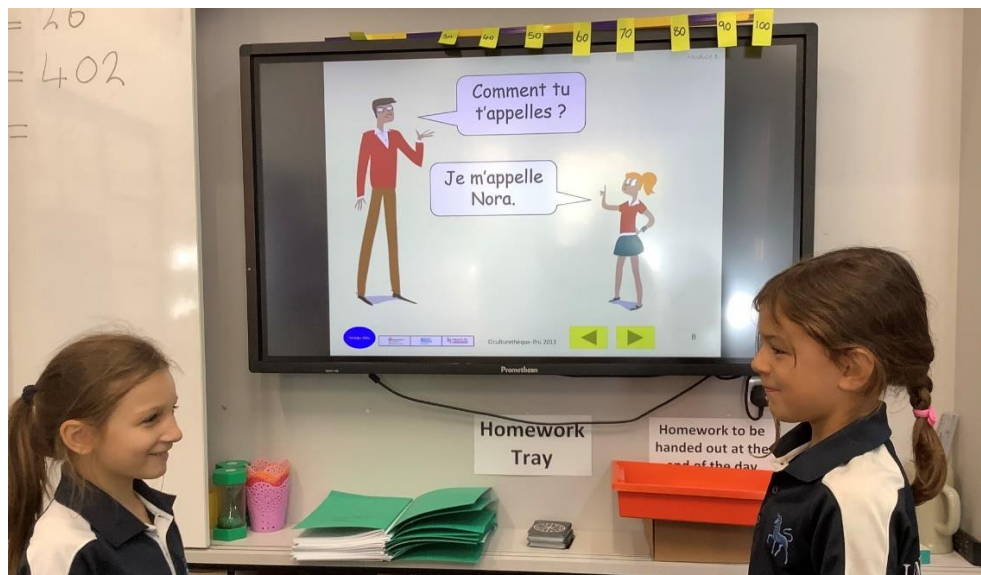


Violet Class Science - Sexual Reproduction in Flowering Plants Violet explored how Natural History Art supports scientists in identifying, describing, classifying, and naming plant species. They studied the 'Linnaeus Style' of illustration, which presents plants in full detail - including their form, colour, and reproductive structures. Violet particularly enjoyed dissecting a flower to identify its male and female parts and skilfully illustrated their findings in the same style. Well done, Violet!



In French Blue Class

spent their first lesson practising their French conversation skills! They enjoyed responding to their names in French. *C'est super!*



A Golden Summer for Old Unicorn, Lottie Taylor-Aubery Lottie was selected to represent GB at the U19 World Championships, which took place in Trakai, Lithuania.

In an exciting final, Lottie won Gold as part of the GB women's 8+ crew. Huge congratulations Lottie!



Lottie – 4th from left back row

If you would like to watch the Youtube coverage, please click on link below:
[Women's U19 8 crew rowing world championships](#)

Therapeutic Support at Unicorn School

Supporting children's wellbeing through creative therapy

Unicorn School is working in collaboration with Tamara Roberts, a registered Movement Psychotherapist (RDMP, ADMP), to offer parent-funded Creative Therapy within the school. This support complements the help your child already receives and is tailored to their individual needs.



About Tamara Roberts :

Tamara is an experienced Movement Psychotherapist with a background in Education, Charity, and Care sectors. She has worked extensively with children facing a wide range of challenges including Autism and Trauma. She adopts a compassionate, safe, and holistic approach. Tamara is passionate about supporting children's journeys through creative, psychotherapeutic interventions that nurture wellbeing, strengthen relationships, enrich their experience of learning, social life, and build resilience.

Creative Therapy can give children the opportunity to:

- Build self-awareness, confidence, expression, and self-esteem
- Discover inner strengths through safe, creative interventions such as movement, play, and making
- Develop tools for managing overwhelming feelings, thoughts, and nervous system regulation
- Strengthen communication and social interaction skills
- Experience safe, trusting relationships and explore their impact on others
- Practise adaptive coping strategies in a supportive environment
- Explore links between feelings, thoughts, and actions through movement
- Work through relational and developmental challenges in a creative way

Areas your child might benefit from support:

- ✓ Emotional development and processing
- ✓ Social and relationship skills, including regulation support
- ✓ Confidence and self-expression
- ✓ Support for anxiety, trauma, attachment, autism, and other SEN needs



Interested?

Ask for a Therapy Request Form at the school office for an initial conversation

- Or contact Nicola Simons at :

nicola.simons@unicornschoo.org.uk

There are 5 spaces available. Once these are filled, a waiting list will be kept so your child can be offered support when a space becomes available.

movement_psychotherapyTR

Together, we can help your child grow in the areas where they are struggling, while exploring their strengths and joys.

In School Flu Vaccination – Wednesday 15 October

Please scroll down and see letter from Hounslow & Richmond Community Healthcare with the digital link for you to complete in regard to the annual Nasal Flu Spray. This will take place in school on **Wednesday 15 October** and will be offered to all pupils from Orange to Ultra-Violet Classes.

The link to the consent form for Unicorn School will close at midnight on **Sunday 12 October**. Parents **will not** be able to submit consent for the session after this date so we would ask that forms are completed early confirming either **YES or NO** to the vaccine. Parents should complete one form for each child, taking care to choose the right school and complete all necessary details correctly.

If you have any queries, please contact the Immunisation Team at:

HRCH.ImmunisationTeamMailbox@nhs.net

Tel: 0203 691 1042 / 1019

The Flu vaccine Frequently Asked Questions

Are there any side effects?

Possible side effects include:

- a blocked or runny nose
- feeling tired
- a headache
- a slightly raised temperature

More serious side effects, such as a severe allergic reaction are very rare. You cannot catch flu from either of the flu vaccines.

Does the vaccine contain gelatine?

The most common flu vaccine for children is the nasal flu spray. This contains a small amount of porcine gelatine.

If you do not consume porcine gelatine, you can choose to have the injectable flu vaccine. It does not contain any gelatine. Your parent or carer will have to select this option on the consent form.

What if I miss my vaccine at school?

Our Immunisation teams run catch-up clinics after school, at the weekends, and during the school holidays. Head to our website to see all the details of our clinics:

www.kingstonandrichmond.nhs.uk/services/service-search-z/immunisations-childrens

I had a flu vaccine last year - do I need another one?

Yes, every year, scientists predict the most likely flu strain based on flu seasons in other countries. Last years vaccine will not protect you against this years flu strain. Getting your annual flu vaccine is the best way to stay protected.



South London Children and
Young People's Community
Immunisation Service

Richmond Immunisation Team

0203 691 1019
Krf.Richmondimm@nhs.net

September 2025

Dear parent or carer,

Your child's flu vaccination is now due.

The Richmond Immunisation Team will visit your child's school on 15/10/2025

This vaccination is recommended to help protect your child against flu. Flu can be an unpleasant illness and can cause serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu. If you would like to know more about the flu vaccine, [please visit the NHS website](#). A leaflet can also be collected from your child's school.

Please discuss the vaccine with your child, and use the link provided to access and complete the electronic consent form:
<https://cypcis.kingstonandrichmond.nhs.uk/flu/2025/richmond> (Link closes: **12/10/2025**)

Your child will be offered the live nasal flu spray or the injectable porcine-free flu vaccine. The nasal spray vaccine is a quick and simple spray up each nostril. Alternatively, you can choose for your child to have the injectable porcine-free vaccine. This is given as an injection into the upper muscle of the arm.

It is recommended that your child have the flu vaccine every year due to changes in flu strains circulating each year, even if they had the vaccine last year.

Please ensure you complete the consent form, even if you choose not to vaccinate your child this year. NHS England requires that we provide numbers of parents that do not consent to their child being vaccinated. If you do not complete your consent form, you may be contacted by phone, text, or letter, to offer your child future opportunities to receive a vaccination. If you return a 'no' consent, we will not make any further contact this year. For more information on this, [please see our privacy notice](#).

We offer all children and young people the opportunity to receive their vaccinations in an appropriate and comfortable environment. Our teams hold clinics over the school holiday periods, some weekends, and after school sessions. Please contact your local immunisation team to book a clinic appointment, or for more information.

We have included some frequently asked questions about the flu vaccine below. If you have any queries about the flu vaccine, please contact your Immunisation team:

- 0203 691 1019
- Krf.Richmondimm@nhs.net

Yours sincerely,

Richmond Immunisation Team

Unicorn Sport week beginning 15 September

For Directions to Sporting Venues

[Directions to Barnes Hockey Pitch, Dan Mason Drive, Chiswick, W4 2SH](#)

[Directions to Old Deer Park \(London Welsh\), TW9 2HN](#)

Date	Sports information	Parents information
Mon 15 September	<ul style="list-style-type: none"> Violet and UV Games lesson 13:30 – 15:00 <p>Games address: Barnes Hockey Pitch, Dan Mason Dr, Chiswick, London W4 2SH</p>	<ul style="list-style-type: none"> Violet and UV to WEAR KIT TO SCHOOL: trainers, long navy socks, navy shorts/skorts, navy polo top, FULL Unicorn tracksuit, SHIN PADS and water bottle. CHILDREN MUST HAVE SHIN PADS. <p>Violet and UV parents to collect their child from school at 15:35 or from Barnes Hockey Pitch at 15:00.</p>
Tues 16 September	<ul style="list-style-type: none"> Swim Squad begins (selected pupils only) Swimming lessons for ORANGE CLASS 14:00 – 15:00 	Collect Swim Squad children at 16:30 from Pools on the Park.
Wed 17 September	<ul style="list-style-type: none"> Swimming lessons for BLUE CLASS 14:00 – 15:00 	
Thurs 18 September	<ul style="list-style-type: none"> SQUAD for Blue – UV Old Deer Park (London Welsh) 15:30 – 16:30 <p>Violet and UV GIRLS = netball at school</p> <ul style="list-style-type: none"> Swimming lessons for GREEN CLASS 14:00 – 15:00 	<ul style="list-style-type: none"> SQUAD - Parents to collect their child at 16:15 from Old Deer Park or back at school at 16:30
Fri 19 September	<ul style="list-style-type: none"> Swimming lesson for UV - Parents to drop children to the pool for 08:45 Green, Blue and Indigo Games lesson 13:30 – 14:50 <p>Games address: Barnes Hockey Pitch, Dan Mason Dr, Chiswick, London W4 2SH</p>	<ul style="list-style-type: none"> Green, Blue and Indigo to WEAR KIT TO SCHOOL: trainers, long navy socks, navy shorts/skorts, navy polo top, FULL Unicorn tracksuit, SHIN PADS and water bottle. CHILDREN MUST HAVE SHIN PADS. Green, Blue and Indigo parents to collect children from school as normal at 15:35 or from Barnes Hockey Pitch at 14:50.

Lunch Menu

Week commencing 15 September

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Break	Seeds and fruit flapjack (G)	Chia, date and soy seed Energy balls (G, S)	Selection of Sushi (G, SE, E, M)	Beetroot falafel with Hummus (S, E)	Banana and raisin Bread (G, E)
Mains	Vegan “meatballs” in a Rich tomato sauce	Chilli con Carne	WORLD FOOD WEDNESDAY Japan	Chicken, olive and Peppers tagine	Oven baked salmon Fishcake (G, F)
Vegetarian Option	Pan fried Gnocchi in Green pesto sauce and Butter beans (G)	3 bean chilli with Roasted vegetables	Chicken Katsu nuggets (G) Sticky rice Broad beans Teriyaki jack fruit Chilli broccoli Katsu sauce	Chickpea and vegetable Tagine	Mozzarella and tomato Frittata (E, D)
Sides	Penne pasta Roasted aubergine and Courgette, sweetcorn Rocket & Sundried tomato salad + Salad bar	Wholegrain and White rice Curly kale, guacamole Tortilla chips + Salad bar	+ Salad bar	Warm Quinoa salad Honey carrots Hispy cabbage + Salad bar	Roasted new potatoes Garden peas Green beans Baked beans + Salad bar
Dessert	Yoghurt with strawberry Or mango coulis (D) + fresh fruit	Rainbow jelly + fresh fruit	Mixed berry cheesecake (G, D) + fresh fruit	Banana pudding (G, E) + fresh fruit	Pancakes with mixed Berry compote (G) + fresh fruit

Contains:

G = Gluten

D = Dairy

E = Egg

F = Fish

SE = Sesame

M = Mustard

S = Soya

SF = Seafood

SP = Sulphite

C = Crustasean