

UNICORN SCHOOL WEEKLY NEWSLETTER  
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[www.unicornschool.org.uk](http://www.unicornschool.org.uk)

No 953

WEEK COMMENCING: MONDAY 12 JANUARY

SPRING TERM 2026

**'We are courageous, reflective and, above all, kind'**

**MONDAY** 7.50am Rock Band begins  
7.50am Wind and Brass Orchestra begins  
8.00am Whole School Assembly  
12.50pm String Orchestra begins  
1.30pm Games for Violet and UV  
3.45pm Little Voices begins  
15.45pm Virtual Reality begins  
3.45pm Tea Time Music Concert in the school hall – open to all – please come along

**TUESDAY** 12.55pm **NEW** Debate Club (Blue – UV) begins  
3.45pm Sew What? Club (Juniors) begins  
7.00pm School Committee meeting

**THURSDAY** 12.20pm Sew What? Club (infants) begins

To book wraparound care, please click: [Richmond Rugby Club \(WAC\) Booking](#)

**Breakfast club: Run by school and NO need to book in advance**

To report a child absent, please click: [absences@unicornschool.org.uk](mailto:absences@unicornschool.org.uk)



**HAPPY BIRTHDAY TO:**  
**Luka (Y)**



Happy New Year and welcome back – hope you all had a  
lovely Christmas break

### Young Voices concert 2026

Miss Gresson has been working hard with UV and Violet Classes, who are gearing up for their sold-out performance at the O2 on Tuesday, 20 January. They will be joining thousands of other school children to form the world's largest children's choir. The children will perform a vibrant mix of pop hits, classic songs and inspiring anthems, backed by a live band and special guest artists.

Renowned for its energy, inclusivity and unforgettable atmosphere, Young Voices at The O2 is a once-in-a-lifetime experience that empowers children to raise their voices and be part of something truly extraordinary.





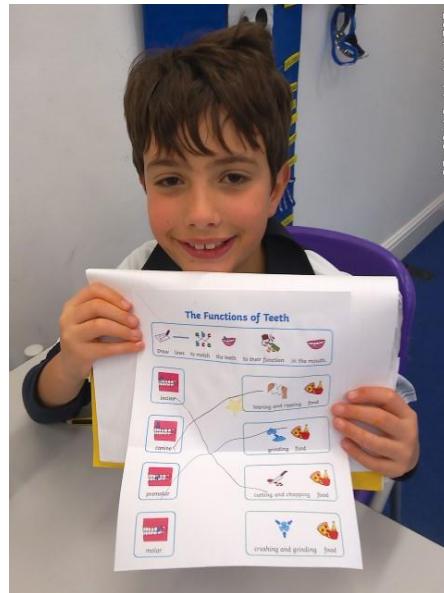
## Tea Time Concert - Monday 12 January - 3.45pm - 4.30pm - please come along

Invited children will perform on their instruments. Open to all! Please come along.

### Indigo Class Science - Teeth

Indigo Class enjoyed learning about their teeth and the different types and functions they have – incisors, canines, premolars and molars. They felt their teeth with their tongues, counted how many of each type they have, and ate a piece of apple to observe what happens in their mouths while chewing.

They also looked at the teeth of a tiger and a cow to recognise that whether an animal is a carnivore, herbivore or omnivore will determine what its teeth are like. Well done, Indigo Class!



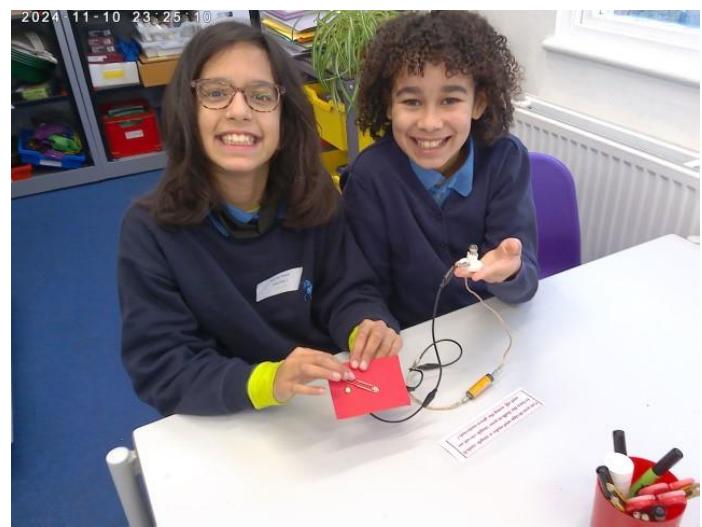
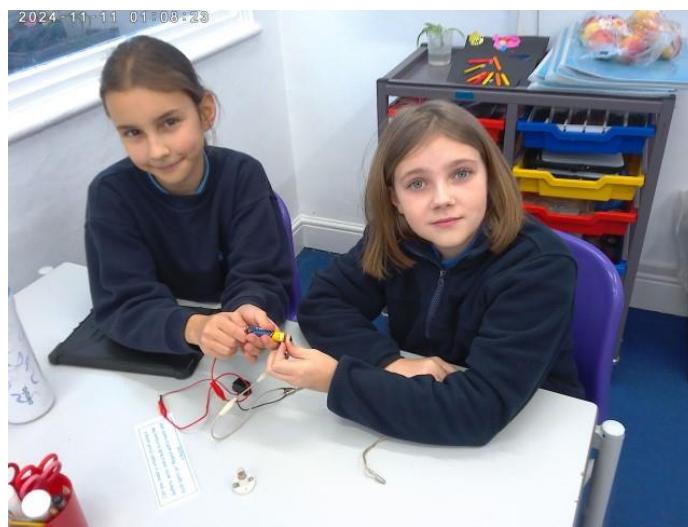
### Violet Class Science - Phases of the Moon

Violet Class enjoyed working practically while learning about the phases of the Moon. We used torches, a rotating chair and a ping-pong ball to model the different phases – well done!



### UV Science - Electrical Challenges

UV enjoyed completing various electrical challenges to demonstrate their understanding of how electrical circuits work and to show that they can respond to enquiry questions effectively. They created simple circuits using a battery, wires, a bulb, a motor and a buzzer; designed and made their own switches; investigated whether different objects were conductors or insulators (including water and salt water); and recognised the universal symbols for electrical components. Well done, UV!



**In French lessons, children across the school** have been learning about the Festival of the Kings, which is celebrated in France on the 6<sup>th</sup> of January. Chef Sergio made us two delicious traditional Galette des Rois for Violet and Ultra Violet Class to share. This cake is eaten throughout France on this day, with the youngest member of the family hiding under the table and deciding who gets each slice. The lucky recipient of a charm inside their slice is crowned king or queen of the day.



## Whole School Vision & Hearing Tests - 23 January

We are pleased to inform you that we will be using a company called **School Health Check** to test your child for **vision** and **hearing** on Friday 23 January (times tbc).

Vision and hearing screening has been shown to be highly effective in detecting asymptomatic and treatable conditions that otherwise go unnoticed in some children.

School Health Check is an independent private company run by a Consultant Ophthalmologist from Moorfields Eye Hospital and a Specialist Optometrist from Great Ormond Street Hospital who use highly specialised clinical optometrists and audiologists to test children from the age of 3 to 11.

This is an **opt-in service** and costs **£35 for a vision screening test** and **£35 for a screening hearing test** paid directly to the company via their website [schoolhealthcheck.org](http://schoolhealthcheck.org). You can choose both tests or just one test if you prefer.

Please follow the link [schoolhealthcheck.org](http://schoolhealthcheck.org) and press the button marked '**Book an appointment**' and then on to '**Find a school**', Type in 'The Unicorn School'. Follow the instructions to register, consent and pay online.

Parents FAQs below. **Online booking will close on Wednesday 21<sup>st</sup> January, at midday**. If you have any questions, please email: [info@schoolhealthcheck.co.uk](mailto:info@schoolhealthcheck.co.uk).



### Frequently Asked Questions by Parents

#### Why has the school used School Health Check to deliver this screening service?

School Health Check is a UK registered company that delivers children's health screening in private schools in the UK (Company No 12687992).

Jaheed Khan BSc MBBS MD FRCOphth is a UK Consultant Ophthalmologist from the world renowned Moorfields Eye Hospital, London, who is CEO and Managing Director of School Health Check Ltd.

[jaheedkhan.co.uk](http://jaheedkhan.co.uk)

Reshma Pattani BSc MSc is a specialist UK optometrist who works at Moorfields Eye Hospital and Great Ormond Street Hospital and is a co-founder of School Health Check.

Together these specialists have over 40 years of combined experience managing complex eye and ear conditions and have recently created a unique and highly efficient system for checking children's health screening in independent schools.

The company delivers a highly efficient and streamlined booking, consenting, payment and reporting pathway that your school may not have been able to develop internally.

School Health Check uses local specialist testers with state of the art technology to check for vision and hearing issues.

#### What is the money back guarantee offered by School Health Check?

School Health Check will offer an immediate full refund to any parent who is unhappy with any aspect of our service. We offer immediate refunds for any parent whose child was not tested (absent from school, unavailable on the day etc).

School Health Check is happy to answer any queries about the screening service or deal with any complaints about any issue directly. We would prefer that you did not contact the school or school nurse unnecessarily over issues that we can help with.

#### What is the age range you will offer your service to?

We offer all our services from 3 to 11 years of age. The school will provide details of which year groups will be tested and when.



## **RetreatFest – Sunday, 11 January**

**Would you like to start 2026 with great energy, fuel, fire, community and growth?**

RetreatFest has been created with intention and fire - an initiation into the Year of the Fire Horse, calling in courage, clarity and deep inner transformation. A gathering of visionaries, creators, healers and teachers - each ready to guide you into deeper embodiment, insight and inner shift.

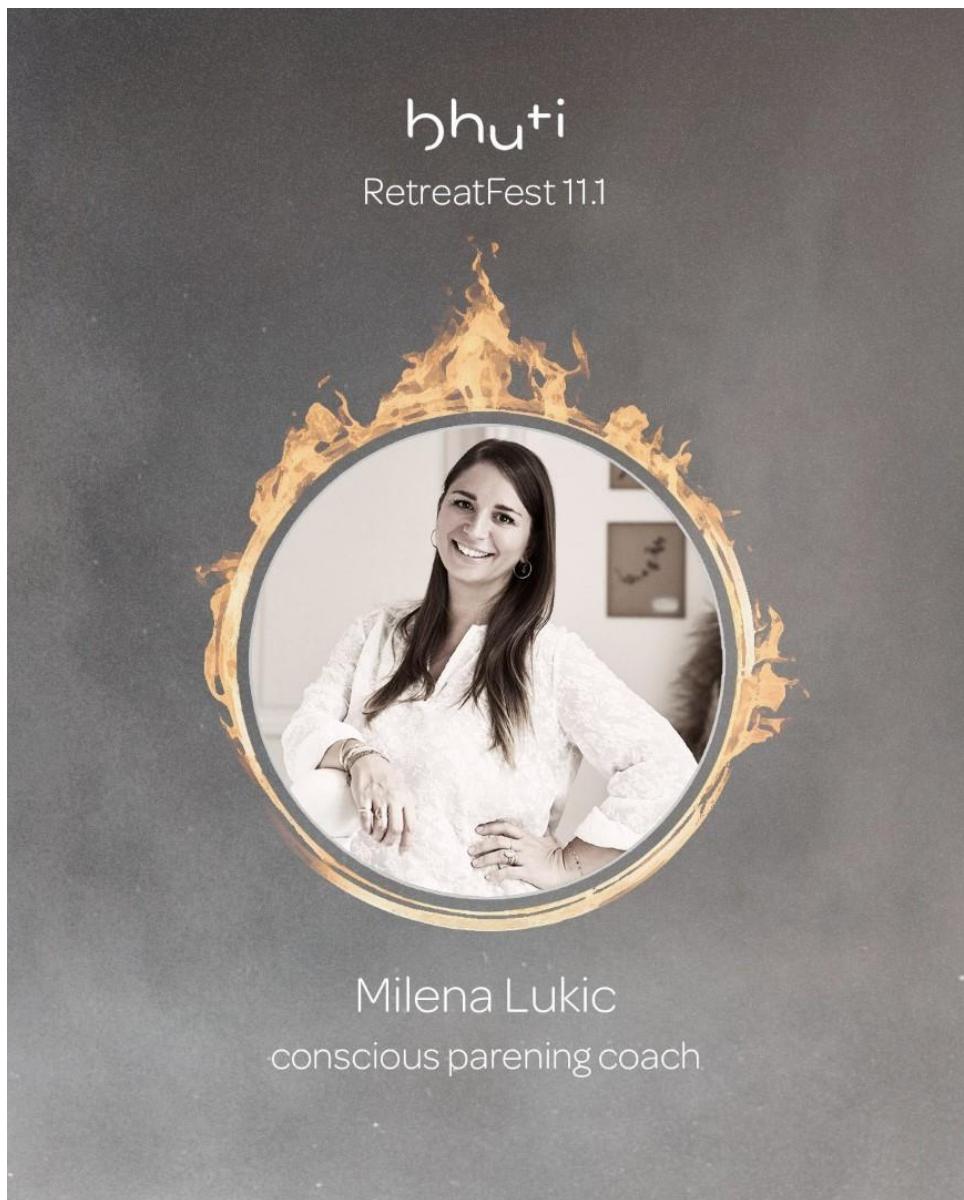
Our very own Unicorn parent, Milena, who is a conscious parenting coach, will be holding an intimate, heart-led circle at 3.00pm.

Milena is honoured and excited to be part of the line-up and hopes you can join her then. She believes that when parents thrive, children thrive and the whole family system transforms.

If your heart is calling you to slow down this January, reconnect and be held by community, then this is for you.

Even more beautifully, all proceeds go to two charities, making this a gathering rooted not only in healing, but in service and love.

Please book your space via the Bhuti or Bingham Hotel, Richmond website and do use the code MILENA20 for 20% off your ticket.



Old Unicorn, Thomas Fowler, is involved in this 10-week cricket coaching programme



# 10-WEEK COACHING PROGRAMME

FOR BOYS AND GIRLS AGES 7-13



ST PAUL'S SCHOOL, BARNES,  
LONDON SW13 9JT (INDOORS)



SUNDAYS • 18 JANUARY – 29  
MARCH 2026



GROUP SESSIONS: 4:30–6:15PM  
FOLLOWED 1-2-1 SESSIONS  
AVAILABLE ON REQUEST 6.15-7.30

## SESSION FEATURES

- GAME-BASED SCENARIOS
- FIELDING & FITNESS DEVELOPMENT
- SPEED TESTING & TARGET BOWLING
- BATTING PLANS AND SHOT IMPROVEMENT
- COACHED BY FORMER COUNTY CRICKETERS
- DBS CHECKED & ECB CERTIFIED

**35 SLOTS ONLY – BOOKING NOW OPEN.  
EARLY BOOKING DISCOUNT AVAILABLE.**

## HOW TO BOOK

[WWW.MASTERCLASSCRICKET.CO.UK](http://WWW.MASTERCLASSCRICKET.CO.UK)

TEL: 07961 692226



# Unicorn Sport week beginning 12 January

## For Directions to Sporting Venues

[Directions to Barnes Hockey Pitch, Dan Mason Drive, Chiswick, W4 2SH](#)

[Directions to Old Deer Park \(London Welsh\), TW9 2HN](#)

Date	Sports information	Parents information
Mon 12 January	<ul style="list-style-type: none"> <li><b>Violet and UV Games lesson 13:30 – 15:00</b></li> </ul> <p><b>Games address:</b> Barnes Hockey Pitch, Dan Mason Dr, Chiswick, London W4 2SH</p>	<ul style="list-style-type: none"> <li><b>UV to WEAR KIT TO SCHOOL:</b> trainers, long navy socks, navy shorts/skorts, navy polo top, <b>FULL</b> Unicorn tracksuit, <b>SHIN PADS and MOUTH GUARD</b> and water bottle.</li> <li><b>CHILDREN MUST HAVE SHIN PADS &amp; MOUTH GUARDS.</b></li> </ul> <p><b>Violet and UV</b> parents to collect their child from school at 15:35 or from Barnes Hockey Pitch at 15:00.</p>
Tues 13 January	<p><b>Swim Squad @ Pools on the Park (selected pupils only) 15:45 – 16:30</b></p> <p><b>Swimming lessons for ORANGE CLASS 14:00 – 15:00</b></p>	Swim Squad to be collected from Pools on the Park at 16:30. NO RETURN SERVICE TO SCHOOL.
Wed 14 January	<b>Swimming lessons for BLUE CLASS 14:00 – 15:00</b>	
Thurs 15 January	<p><b>SQUAD for Blue, Indigo, Violet and UV</b></p> <p><b>Old Deer Park (London Welsh) 15:15 – 16:15</b></p> <p><b>Swimming lessons for YELLOW CLASS 14:00 – 15:00</b></p>	<ul style="list-style-type: none"> <li>SQUAD - Parents to collect their child at 16:15 from Old Deer Park or back at school at 16:30</li> </ul>
Fri 16 January	<ul style="list-style-type: none"> <li><b>Swimming lesson for VIOLET CLASS</b> <ul style="list-style-type: none"> <li><b>Parents to drop children to the pool for 08:45</b></li> </ul> </li> <li><b>Green, Blue and Indigo Games lesson 13:30 – 14:50</b></li> </ul> <p><b>Games address:</b> Barnes Hockey Pitch, Dan Mason Dr, Chiswick, London W4 2SH</p>	<ul style="list-style-type: none"> <li><b>Green, Blue and Indigo to WEAR KIT TO SCHOOL:</b> trainers, long navy socks, navy shorts/skorts, navy polo top, <b>FULL</b> Unicorn tracksuit, <b>SHIN PADS and MOUTH GUARDS</b> and water bottle.</li> <li><b>CHILDREN MUST HAVE SHIN PADS &amp; MOUTH GUARDS.</b></li> <li><b>Green, Blue and Indigo</b> parents to collect children from school as normal at 15:35 or from Barnes Hockey Pitch at 15:00.</li> </ul>

# Lunch Menu

Week commencing 12 January

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Break	Cheese twist (G, D)	Crudités with hummus And rice cakes (S, E)	Courgette and cheese Savoury muffin (S, E)	Apple and cinnamon Oat bar (G)	Cheese and crackers (G)
Mains	Chinese sticky lemon Chicken (S)	Slow cooked BBQ Pulled pork	WORLD FOOD DAY England	Garlic and herb roasted Chicken thighs	Oven baked fish fingers (G, F)
Vegetarian Option	Sweet chilli tofu with Stir-fry vegetables (S)	Macaroni & leek Cheese (G, D, M)	Cumberland sausages (G) Vegan sausages Mashed potato Garden peas Baked beans Onion gravy	Basil, mozzarella and Sun-dried tomato frittata (D, E)	Baked aubergine Parmigiana (G, D)
Sides	Wholegrain rice Chilli broccoli Honey carrots  + Salad bar	Brioche bun (G, D, E) Corn on the cob Crunchy coleslaw Savoy cabbage  + Salad bar	+ Salad bar	Roast potatoes Green beans Curly kale  + Salad bar	Cavolo Nero Garden peas Tartare sauce (E)  + Salad bar
Dessert	Pineapple and cherry Sponge cake (G, E) + fresh fruit	Mixed berry pot  + fresh fruit	Selection of jellies  + fresh fruit	Natural yoghurt with Berry compote (D) + fresh fruit	Bread and butter Pudding (G, S) and Vanilla Custard (D)

Contains:

G = Gluten

D = Dairy

E = Egg

F = Fish

SE = Sesame

CE = Celery

M = Mustard

S = Soya

SF = Seafood

SP = Sulphite

C = Crustacean